



Whole School Physical Education Yearly Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE: Unit 1	Fundamentals: Unit 1	Ball Skills: Unit 1	Games: Unit 1	Dance: Unit 1	Gymnastics: Unit 1
Reception	Introduction to PE: Unit 2	Fundamentals: Unit 2	Ball Skills: Unit 2	Gymnastics: Unit 2	Dance: Unit 2	Games: Unit 2
Year 1	Fundamentals Dance	Sending and Receiving Fitness	Gymnastics Ball Skills	Invasion Games Target Games	Athletics Net and Wall Games	Team Building Striking and Fielding Games
Year 2	Fundamentals Fitness	Ball Skills Dance	Gymnastics Target Games	Invasion Games Sending and Receiving	Athletics Net and Wall Games	Team Building Striking and Fielding Games
Year 3	Fundamentals Fitness	Ball Skills Gymnastics	Dance Netball	Tennis Tag Rugby	Athletics Cricket	Rounders Target Games (Golf)
Year 4	Dance Fitness	Swimming Basketball	Gymnastics Dodgeball	Swimming Tag Rugby	Athletics Cricket	Rounders OAA
Year 5	Hockey Fitness	Badminton (2023) Basketball	Swimming Netball	Gymnastics Tag Rugby	Dance Cricket	Swimming Athletics
Year 6	Hockey Swimming	Badminton (2023) Basketball	Fitness Dodgeball	Tennis Tag Rugby	Athletics Swimming	Rounders OAA